



Applegate Deli Counter Selection

No Antibiotics Used • Humanely Raised • No Hormones Used • Gluten & Casein Free • Vegetarian Grain Fed

Hand-Tied Maple Ham (#2602)



We use only the heart-of-the-ham for this hand-tied beauty that we baste with a sweet maple-syrup honey glaze.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: Varied
Calories 60
Calories from fat 15

Amount Per Serving	%DV*
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 520mg	22%

Amount Per Serving	%DV*
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 10g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

INGREDIENTS: PORK*, WATER, MAPLE SYRUP. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, EVAPORATED CANE SYRUP, HONEY, EXTRACTS OF CELERY & GREEN TEA, SPICE EXTRACTS, NATURAL SMOKE FLAVOR. **GLUTEN & CASEIN FREE.**

Black Forest Ham (#2552)



This traditional German-style ham has a hearty smoked flavor.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: Varied
Calories 60
Calories from fat 20

Amount Per Serving	%DV*
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 320mg	13%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 9g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%

INGREDIENTS: PORK*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, EVAPORATED CANE SYRUP, NATURAL CELERY & GREEN TEA EXTRACTS, SPICE EXTRACTS. COATED WITH CARAMEL COLOR. **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

 Pork
 Beef
 Poultry
 Dry Cured
 Cheese

Customer Service: 1-800-587-5858 • www.applegatefarms.com



Virginia-Brand Ham
(#00270)



After a gentle smoking process in the true Southern tradition, we coat this ham with a brown sugar glaze then slowly bake it.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 50 Calories from fat 15	Total Fat 1.5g	2%	Total Carbohydrate 1g
	Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 1g	
	Cholesterol 30mg	10%	Protein 9g	
	Sodium 480mg	20%		
*Percent Daily Values (DV) are based on a 2000 calorie diet				
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%				

INGREDIENTS: PORK*, WATER, EVAPORATED CANE SYRUP. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, EXTRACTS OF CELERY & GREEN TEA, SPICE EXTRACTS. COATED WITH EVAPORATED CANE SYRUP, GELATIN, PAPRIKA, CLOVES, CARAMEL COLOR. **GLUTEN & CASEIN FREE.**

Slow Cooked Ham
(#878)



This classic northern European-style ham is slowly cooked to bring out its delicate flavor and tender texture.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 60 Calories from fat 15	Total Fat 1.5g	3%	Total Carbohydrate 0g
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 35mg	12%	Protein 11g	
	Sodium 480mg	20%		
*Percent Daily Values (DV) are based on a 2000 calorie diet				
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%				

INGREDIENTS: PORK*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SEA SALT, EVAPORATED CANE SYRUP, EXTRACTS OF CELERY & GREEN TEA, SPICE EXTRACTS. **GLUTEN & CASEIN FREE.**

Roast Beef
(#5242)/
(WFM #00924)



Beautifully marbled, tender top round cuts of all natural grass-fed beef are simply rubbed with salt and black pepper and roasted to an even medium-rare.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 80 Calories from fat 25	Total Fat 3g	5%	Total Carbohydrate 0g
	Saturated Fat 1g	5%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 30mg	10%	Protein 12g	
	Sodium 200mg	8%		
*Percent Daily Values (DV) are based on a 2000 calorie diet				
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 8%				

INGREDIENTS: BEEF**, SALT, PEPPER. **GLUTEN & CASEIN FREE.**

** Never administered antibiotics, growth hormones or animal by-products. Grass-fed beef.

Peppered Eye Round Roast Beef
(#519)/
(WFM #00919)



Flavorful tender eye round cuts of all natural grass-fed beef are rubbed and coated with freshly ground black pepper then roasted to an even medium-rare.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 80 Calories from fat 25	Total Fat 3g	5%	Total Carbohydrate 0g
	Saturated Fat 1g	5%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 30mg	10%	Protein 12g	
	Sodium 200mg	8%		
*Percent Daily Values (DV) are based on a 2000 calorie diet				
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 8%				

INGREDIENTS: BEEF**, SALT, PEPPER. **GLUTEN & CASEIN FREE.**

** Never administered antibiotics, growth hormones or animal by-products. Grass-fed beef.

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Chipotle Chicken
(#00947)



Tender juicy chicken breast is seasoned with a spicy smoked chipotle chili rub—chicken with a kick!

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 60 Calories from fat 5	Total Fat 0.5g	1%	Total Carbohydrate 1g
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 2g	
	Cholesterol 30mg	10%	Protein 12g	
	Sodium 400mg	17%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%				

INGREDIENTS: CHICKEN BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, POTATO STARCH, CARRAGEENAN (FROM SEAWEED), MOLASSES, CHIPOTLE PEPPER, CAYENNE PEPPER, TOMATO PASTE, VINEGAR, SPICES, LOCUST BEAN GUM, CITRIC ACID, DEXTROSE. **GLUTEN & CASEIN FREE.**

Oven Roasted Chicken Breast
(#545)



Tender juicy chicken breast is seasoned with salt, rubbed with paprika, and roasted to perfection.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 70 Calories from fat 15	Total Fat 1.5g	2%	Total Carbohydrate 1g
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 1g	
	Cholesterol 30mg	10%	Protein 12g	
	Sodium 310mg	13%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%				

INGREDIENTS: CHICKEN BREAST*, WATER, HONEY, SALT, PAPRIKA. **GLUTEN & CASEIN FREE.**

Smoked Chicken Breast
(#546)



Tender juicy chicken breast is seasoned with sea salt and a hint of honey, then lightly smoked.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 70 Calories from fat 15	Total Fat 1.5g	2%	Total Carbohydrate 2g
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 1g	
	Cholesterol 30mg	10%	Protein 12g	
	Sodium 310mg	13%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%				

INGREDIENTS: CHICKEN BREAST*, WATER, HONEY, SALT. **GLUTEN & CASEIN FREE.**

Herb Turkey Breast
(#5112)



Our tender juicy turkey breast meat is lightly salted, coated with an earthy herb mix of parsley, rosemary and sage, then slowly roasted.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 50 Calories from fat 0	Total Fat 0g	0%	Total Carbohydrate 0g
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 30mg	10%	Protein 12g	
	Sodium 400mg	17%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%				

INGREDIENTS: TURKEY BREAST*, WATER, SALT, PEPPER, SPICES, PARSLEY. **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Honey Maple Turkey Breast
(#5182)



Slowly roasted with a delicate glaze of honey and maple syrup this delicious turkey breast is moist and sweet.

Nutrition Facts		Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)		Total Fat 1g	2%	Total Carbohydrate 3g	1%
Servings: Varied		Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 60		Trans Fat 0g		Sugars 2g	
Calories from fat 10		Cholesterol 30mg	10%	Protein 10g	
		Sodium 450mg	19%		
		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%			

INGREDIENTS: TURKEY BREAST*, WATER, HONEY, SODIUM LACTATE (FROM BEETS), MAPLE SYRUP, SALT. **GLUTEN & CASEIN FREE.**

No Salt Turkey
(#5122)



Nothing but delicious turkey breast meat—a taste of Thanksgiving in every bite.

Nutrition Facts		Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)		Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied		Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 60		Trans Fat 0g		Sugars 0g	
Calories from fat 0		Cholesterol 35mg	12%	Protein 15g	
		Sodium 30mg	1%		
		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST.* **GLUTEN & CASEIN FREE.**

Oven Roasted Turkey Breast
(#5162)/
(WFM #00916)



Our tender juicy breast meat is lightly salted to bring out all the flavor—it's a classic.

Nutrition Facts		Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)		Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied		Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50		Trans Fat 0g		Sugars 0g	
Calories from fat 0		Cholesterol 30mg	10%	Protein 12g	
		Sodium 400mg	17%		
		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST*, WATER, SALT. **GLUTEN & CASEIN FREE.**

Oven Roasted Turkey Breast Layout
(#5172)



Our classic tender juicy breast meat seasoned with a spicy rub.

Nutrition Facts		Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)		Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied		Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50		Trans Fat 0g		Sugars 0g	
Calories from fat 0		Cholesterol 30mg	10%	Protein 12g	
		Sodium 400mg	17%		
		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST*, WATER, SALT, PAPRIKA, SPICES. **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Smoked Turkey Breast
(#5092)/
(WFM #00909)



Wrapped in netting then gently smoked this delicious turkey is tender and juicy with a smoky flavor.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 50 Calories from fat 0	Total Fat 0g	0%	Total Carbohydrate 0g
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 30mg	10%	Protein 12g	
	Sodium 400mg	17%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%				

INGREDIENTS: TURKEY BREST*, WATER, SALT. **GLUTEN & CASEIN FREE.**

Southwestern Turkey Breast
(#5152)



Rubbed with a mixture of sun-dried tomatoes, fire roasted red peppers, and cumin this delicious turkey has the flavor of a southwestern salsa.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 50 Calories from fat 0	Total Fat 0g	0%	Total Carbohydrate 1g
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 25mg	8%	Protein 11g	
	Sodium 420mg	18%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 2% • Vitamin C 0% • Calcium 0% • Iron 4%				

INGREDIENTS: TURKEY BREST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, FIRE ROASTED RED PEPPERS (WATER, SALT, CITRIC ACID), PAPRIKA, SPICES, SUN DRIED TOMATOES, GARLIC, ONION, EXTRACT OF PAPRIKA. **GLUTEN & CASEIN FREE.**

Peppered Turkey Breast
(#5142)



Our tender juicy breast meat is generously seasoned with spicy cracked black pepper before being slowly roasted.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 50 Calories from fat 0	Total Fat 0g	0%	Total Carbohydrate 0g
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 30mg	10%	Protein 12g	
	Sodium 360mg	15%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 4%				

INGREDIENTS: TURKEY BREST*, WATER, SALT, CRACKED BLACK PEPPER. **GLUTEN & CASEIN FREE.**

Turkey Pastrami
(#5102)



We cure our tender juicy turkey breasts with a traditional pastrami rub of coriander, cloves, allspice and black pepper, then we gently smoke it to add the finishing flavor.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 50 Calories from fat 0	Total Fat 0g	0%	Total Carbohydrate 0g
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 30mg	10%	Protein 12g	
	Sodium 360mg	15%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%				

INGREDIENTS: TURKEY BREST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, GARLIC EXTRACT, MAPLE SUGAR, SPICES, BROWN SUGAR, DEHYDRATED GARLIC, GARLIC POWDER, SPICE EXTRACTS, PAPRIKA. **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Uncured Turkey Bologna
(#405)



Our bologna is made in the traditional German style, using coriander, ginger and mace, to spice up the rich flavor of finely ground whole turkey thighs.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 90 Calories from fat 50	Total Fat 5.5g	8%	Total Carbohydrate 0g
	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 30mg	10%	Protein 9g	
	Sodium 400mg	17%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%				

INGREDIENTS: TURKEY*, WATER, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, GARLIC POWDER, PAPRIKA. **GLUTEN & CASEIN FREE.**

Uncured Turkey Salami
(#400)



This coarse ground, lightly smoked salami is made in the German style.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: Varied Calories 70 Calories from fat 25	Total Fat 2g	3%	Total Carbohydrate 0g
	Saturated Fat 1g	5%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 30mg	10%	Protein 11g	
	Sodium 360mg	15%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%				

INGREDIENTS: TURKEY*, WATER, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, PAPRIKA, GARLIC. **GLUTEN & CASEIN FREE.**

Prosciutto
(#00873)



Whole hams, from certified humane pork, are cured the way they have been doing it in Italy for hundreds of years: slowly dried and cured for 9 to 12 months to produce that classic rich prosciutto texture and flavor.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 1 oz. (28g) Servings Per Container: 4 Calories 70 Calories from fat 35	Total Fat 4g	6%	Total Carbohydrate 0g
	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 25mg	8%	Protein 9g	
	Sodium 640mg	27%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%				

INGREDIENTS: PORK*, SALT, SPICES.

Genoa Salami
(#855)



This classic Italian-style salami is made of certified humane pork that is slowly dry-cured in the old traditional way.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 1 oz. (28g) Servings: Varied Calories 100 Calories from fat 60	Total Fat 7g	11%	Total Carbohydrate 0g
	Saturated Fat 3g	15%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 20mg	7%	Protein 8g	
	Sodium 480mg	20%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%				

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, GARLIC POWDER, WINE, CELERY POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Herb Salami
(#840)



This classic Italian-style salami, made of certified humane pork, is rubbed with oregano, thyme, basil and rosemary, then slowly dry-cured in the old traditional way.

Pepper Salami
(#845)



Pepperoncini and cayenne add a spicy kick to our classic Genoa Salami.

Pepperoni
Sliced: (#862)



A traditional Italian-style pepperoni with a hint of anise and a spicy flair.

Pepperoni
Stick: (#860)



Nutrition Facts		Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 1 oz. (28g)		Total Fat 7g	11%	Total Carbohydrate 1g	0%
Servings: Varied		Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Calories 100		Trans Fat 0g		Sugars 0g	
Calories from fat 60		Cholesterol 20mg	7%	Protein 8g	
		Sodium 460mg	19%		
*Percent Daily Values (DV) are based on a 2000 calorie diet		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%			

HERB: INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, WINE, CELERY POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK), GARLIC POWDER. COATED WITH: HERBS, GELATIN. **GLUTEN & CASEIN FREE.**

Nutrition Facts		Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (28g)		Total Fat 7g	11%	Total Carbohydrate 1g	0%
Servings: Varied		Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Calories 100		Trans Fat 0g		Sugars 0g	
Calories from fat 60		Cholesterol 20mg	7%	Protein 8g	
		Sodium 440mg	18%		
*Percent Daily Values (DV) are based on a 2000 calorie diet		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%			

PEPPER: INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, WINE, CELERY POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK), GARLIC POWDER. COATED WITH: BLACK PEPPER, GELATIN. **GLUTEN & CASEIN FREE.**

Nutrition Facts		Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 1 oz. (28g)		Total Fat 7g	11%	Total Carbohydrate 1g	0%
Servings: Varied		Saturated Fat 2.5g	13%	Dietary Fiber 0g	0%
Calories 90		Trans Fat 0g		Sugars 1g	
Calories from fat 70		Cholesterol 20mg	7%	Protein 5g	
		Sodium 350mg	15%		
*Percent Daily Values (DV) are based on a 2000 calorie diet		Vitamin A 2% • Vitamin C 0% • Calcium 0% • Iron 2%			

SLICED: INGREDIENTS: PORK*, BEEF*, SEA SALT, CONTAINS LESS THAN 2% OF THE FOLLOWING: DEXTROSE, SPICES, SUGAR, OLEORESIN OF PAPRIKA, GARLIC POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

Nutrition Facts		Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 1 oz. (28g)		Total Fat 5g	8%	Total Carbohydrate 0g	0%
Servings: Varied		Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Calories 60		Trans Fat 0g		Sugars 0g	
Calories from fat 45		Cholesterol 20mg	7%	Protein 5g	
		Sodium 320mg	13%		
*Percent Daily Values (DV) are based on a 2000 calorie diet		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 0%			

STICK: INGREDIENTS: PORK*, SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, PAPRIKA, GARLIC, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Salametti
(#850)



Our Genoa Salami in a chub-size! This classic Italian-style salami is made of certified humane pork that is slowly dry-cured in the old traditional way.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 1 oz. (28g) Servings: Varied Calories 100 Calories from fat 60	Total Fat 7g	11%	Total Carbohydrate 0g
	Saturated Fat 3g	15%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 20mg	7%	Protein 8g	
	Sodium 480mg	20%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 2% • Calcium 2% • Iron 6%				

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, CELERY POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK), WINE, GARLIC POWDER. **GLUTEN & CASEIN FREE.**

Soppresata
(#852)



Coarsely ground, certified humane pork is delicately seasoned with black pepper and garlic, then dry-cured for almost two months. It has a sweet spicy flavor.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 1 oz. (28g) Servings: Varied Calories 100 Calories from fat 60	Total Fat 7g	11%	Total Carbohydrate 0g
	Saturated Fat 3g	15%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 20mg	7%	Protein 8g	
	Sodium 480mg	20%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%				

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: CELERY POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK), SPICES, WINE, GARLIC POWDER. **GLUTEN & CASEIN FREE.**

American Cheese**
(#7807)



Tangy and delicious, our rBGH-Free American is perfect for grilled cheese or melted on a burger.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 1 oz. (28g) Servings: Varied Calories 90 Calories from fat 63	Total Fat 7g	12%	Total Carbohydrate 1g
	Saturated Fat 6g	30%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 1g	
	Cholesterol 20mg	7%	Protein 6g	
	Sodium 350mg	15%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 4% • Vitamin C 0% • Calcium 20% • Iron 0%				

INGREDIENTS: AMERICAN CHEESE (CULTURED MILK, SALT, ENZYMES), CREAM, SODIUM CITRATE, SALT. MADE WITH VEGETABLE RENNET. **GLUTEN FREE. CONTAINS: MILK**

Cheddar Cheese**
(#7801)



Perfect in mac & cheese or layered in a sandwich, our rBGH-Free Medium Cheddar is sharp and rich.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 1 oz. (28g) Servings: Varied Calories 110 Calories from fat 80	Total Fat 9g	14%	Total Carbohydrate 0g
	Saturated Fat 5g	27%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 30mg	9%	Protein 7g	
	Sodium 180mg	7%		
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 6% • Vitamin C 0% • Calcium 20% • Iron 0%				

INGREDIENTS: PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (FOR COLOR). AGED 90 DAYS. **GLUTEN FREE. CONTAINS: MILK**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

** From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.

Provolone Cheese
(#7800)



Our rBGH-Free Provolone is mild and smooth—great on pizza and pasta dishes.

Nutrition Facts

Serving Size: 1 oz. (19g)
Servings: Aprox 12
Calories 70
Calories from fat 45

Amount Per Serving	%DV*
Total Fat 5g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 160mg	7%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 2% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: PASTEURIZED MILK, CULTURE, SALT, ENZYMES.

Emmentaler Swiss Cheese
(#7802)



Our authentic rBGH-Free Swiss is imported directly from Switzerland and adds a mild, nutty flavor to any sandwich.

Nutrition Facts

Serving Size: 1 oz. (28g)
Servings: Varied
Calories 110
Calories from fat 80

Amount Per Serving	%DV*
Total Fat 8g	13%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	9%
Sodium 45mg	2%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 9g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 2% • Vitamin C 0% • Calcium 30% • Iron 0%

INGREDIENTS: PASTEURIZED COW'S MILK, CHEESE CULTURE, SALT, ENZYMES. AGED OVER 60 DAYS. **GLUTEN FREE. CONTAINS: MILK**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

** From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.