



Applegate Antibiotic-Free Sliced Selection

No Antibiotics Used* • Humanely Raised • No Hormones Used • Gluten & Casein Free • Vegetarian Grain Fed

**Antibiotic Free
Roasted Turkey
Breast**
(#12586)



Our tender juicy breast is lightly salted to bring out all the flavor—it's a classic.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: 3.5
Calories 50
Calories From Fat 0

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Total Fat 0g	0%	Total Carbohydrate 0g	0%
Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
Cholesterol 30mg	10%	Protein 12g	
Sodium 360mg	15%		

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: TURKEY BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SALT, CARRAGEENAN (FROM SEAWEED). **GLUTEN & CASEIN FREE.**

**Antibiotic Free
Smoked Turkey
Breast**
(#12579)



Wrapped in netting then gently smoked, this delicious turkey is tender and juicy with a smoky flavor.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: 3.5
Calories 50
Calories From Fat 0

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Total Fat 0g	0%	Total Carbohydrate 0g	0%
Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
Cholesterol 30mg	10%	Protein 12g	
Sodium 360mg	15%		

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: TURKEY BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SALT, CARRAGEENAN (FROM SEAWEED). **GLUTEN & CASEIN FREE**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Pork
Beef
Poultry
Dry Cured
Cheese

Customer Service: 1-800-587-5858 • www.applegatefarms.com



Antibiotic Free Herb Turkey
(#12581)



Our tender juicy turkey breast is lightly salted, coated with an earthy herb mix of parsley, rosemary and sage, then slowly roasted.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: 3.5
Calories 50
Calories From Fat 0

Amount Per Serving	%DV*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 360mg	15%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 12g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: TURKEY BREST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SALT, CARRAGEENAN (FROM SEAWEED), PEPPER, PARSLEY, SAGE, ROSEMARY, THYME. **GLUTEN & CASEIN FREE.**

Antibiotic Free Honey & Maple Turkey Breast
(#12588)



Slowly roasted with a delicate glaze of honey and maple syrup, this delicious turkey breast is moist and sweet.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: 3.5
Calories 60
Calories From Fat 10

Amount Per Serving	%DV*
Total Fat 0.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 450mg	19%

Amount Per Serving	%DV*
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 11g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

INGREDIENTS: TURKEY BREST*, WATER, HONEY. CONTAINS LESS THAN 2% OF THE FOLLOWING: MAPLE SYRUP, SODIUM LACTATE (FROM BEETS), SALT, CARRAGEENAN (FROM SEAWEED). **GLUTEN & CASEIN FREE.**

Antibiotic Free Turkey Salami
(#470)



This coarsely ground, lightly cooked and smoked salami is seasoned in the traditional German style.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: 3.5
Calories 60
Calories From Fat 20

Amount Per Serving	%DV*
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 480mg	20%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 10g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 2% • Vitamin C 0% • Calcium 2% • Iron 6%

INGREDIENTS: TURKEY*, WATER, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES PAPRIKA, GARLIC. **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

**Antibiotic Free
Uncured Turkey
Bologna**
(#475)



Our bologna is made in the traditional German style using coriander, ginger and mace to spice up a rich flavor of finely ground whole turkey thighs.



Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)	Total Fat 5.5g	8%	Total Carbohydrate 0g	0%
Servings: 3.5	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Calories 90	Trans Fat 0g		Sugars 0g	
Calories From Fat 50	Cholesterol 30mg	10%	Protein 9g	
	Sodium 400mg	17%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY*, WATER, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, GARLIC POWDER, PAPRIKA. **GLUTEN & CASEIN FREE.**

**Antibiotic Free
Roast Beef**
(#12574)



Beautifully marbled, hand-trimmed bottom round of 100% grass-fed beef is simply rubbed with salt and black pepper before oven roasting.



Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)	Total Fat 3g	5%	Total Carbohydrate 0g	0%
Servings: 3.5	Saturated Fat 1g	5%	Dietary Fiber 0g	0%
Calories 80	Trans Fat 0g		Sugars 0g	
Calories From Fat 30	Cholesterol 35mg	12%	Protein 12g	
	Sodium 320mg	13%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%			

INGREDIENTS: BEEF*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SALT. COATED WITH SALT, PEPPER. **GLUTEN & CASEIN FREE.**

**Antibiotic Free
Slow Cooked Ham**
(#879)



This classic northern European style ham is slowly cooked to bring out its delicate flavor and tender texture.



Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)	Total Fat 1.5g	2%	Total Carbohydrate 0g	0%
Servings: 3.5	Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%
Calories 60	Trans Fat 0g		Sugars 0g	
Calories From Fat 15	Cholesterol 35mg	12%	Protein 11g	
	Sodium 480mg	20%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: PORK*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SEA SALT, EVAPORATED CANE SYRUP, NATURAL EXTRACTIVES OF CELERY AND GREEN TEA, NATURAL SPICE EXTRACTIVES. **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Antibiotic Free Uncured Black Forest Ham
(#12590)



This German style ham is marinated with sweet spices and double smoked for a hearty flavor.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: 3.5 Calories 50 Calories From Fat 10	Total Fat 1.5g	3%	Total Carbohydrate 0g
	Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 35mg	12%	Protein 10g	
	Sodium 480mg	20%		
*Percent Daily Values (DV) are based on a 2000 calorie diet				
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%				

INGREDIENTS: PORK*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, EVAPORATED CANE SYRUP, NATURAL EXTRACTIVES OF CELERY AND GREEN TEA, NATURAL SPICE EXTRACTIVES. **GLUTEN & CASEIN FREE.**

Antibiotic Free Honey Ham
(#12575)



Prepared with a honey and maple glaze, this ham is lightly smoked for a sweet, juicy delight.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: About 3.5 Calories 70 Calories From Fat 15	Total Fat 1.5g	2%	Total Carbohydrate 3g
	Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 3g	
	Cholesterol 30mg	10%	Protein 10g	
	Sodium 450mg	19%		
*Percent Daily Values (DV) are based on a 2000 calorie diet				
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%				

INGREDIENTS: PORK*, WATER, HONEY, EVAPORATED CANE SYRUP. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, NATURAL EXTRACTIVES OF CELERY AND GREEN TEA. **GLUTEN & CASEIN FREE.**

Antibiotic Free Coppa
(#12877)



Classic dry cured "heart of the shoulder." Aged several months to give a naturally sweet flavor.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 1 oz. (28g) Servings Per Container: About 4 Calories 100 Calories From Fat 60	Total Fat 7g	11%	Total Carbohydrate 0g
	Saturated Fat 2.5g	13%	Dietary Fiber 0g	0%
	Trans Fat 0g		Sugars 0g	
	Cholesterol 20mg	7%	Protein 8g	
	Sodium 510mg	21%		
*Percent Daily Values (DV) are based on a 2000 calorie diet				
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%				

INGREDIENTS: PORK*, SEA SALT, CELERY POWDER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, EVAPORATED CANE SYRUP, GARLIC POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Antibiotic Free Genoa Salami
(#12856)



Slowly fermented and aged in cool salami rooms to give a complex, mild classic Italian flavor seasoned with wine and spices.

Nutrition Facts

Serving Size: 1 oz. (28g)
Servings Per Container:
About 4
Calories 100
Calories From Fat 60

Amount Per Serving	%DV*
Total Fat 7g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 480mg	20%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 8g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, GARLIC POWDER, WINE, CELERY POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

Antibiotic Free Hot Genoa Salami
(#12857)



Our classic Genoa salami with a blend of hot chili peppers to wake up the palate.

Nutrition Facts

Serving Size: 1 oz. (28g)
Servings Per Container:
About 4
Calories 110
Calories From Fat 60

Amount Per Serving	%DV*
Total Fat 7g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 480mg	20%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 8g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, PAPRIKA, WINE, LACTIC ACID STARTER CULTURE (NOT FROM MILK), CELERY POWDER, GARLIC POWDER. **GLUTEN & CASEIN FREE.**

Antibiotic Free Pancetta
(#12875)



Classic dry cured Italian bacon that is rolled up and allowed to develop unique flavors and aromas.

Nutrition Facts

Serving Size: 1 oz. (28g)
Servings Per Container:
About 4
Calories 100
Calories From Fat 70

Amount Per Serving	%DV*
Total Fat 8g	12%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 550mg	23%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 6g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: PORK*, SEA SALT, CELERY POWDER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, EVAPORATED CANE SYRUP, GARLIC POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Antibiotic Free Pepperoni
(#861)



Dry cured and gently heated with chili peppers and a kiss of anise to give a wonderful “candied” flavor.



Nutrition Facts

Serving Size: 1 oz. (28g)
Servings: About 7
Calories 90
Calories From Fat 70

Amount Per Serving	%DV*
Total Fat 7g	11%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 350mg	15%

Amount Per Serving	%DV*
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 2% • Vitamin C 0% • Calcium 0% • Iron 2%

INGREDIENTS: PORK*, BEEF*, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: DEXTROSE, SPICES, SUGAR, OLEORESIN OF PAPRIKA, GARLIC POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

Antibiotic Free Prosciutto
(#12872)



Thinly sliced dry cured ham that is rubbed with salt and pepper, then aged in a series of rooms that represent the changing seasons in the mountains of Northern Italy.



Nutrition Facts

Serving Size: 1 oz. (28g)
Servings Per Container: About 4
Calories 70
Calories From Fat 35

Amount Per Serving	%DV*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 640mg	26%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 9g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

INGREDIENTS: PORK*, SALT, SPICES. **GLUTEN & CASEIN FREE.**

Antibiotic Free Soppressata
(#12858)



A coarser ground, fermented and aged salami that is blended with wine and spices in a press to give a mild long slice perfect for sandwiches.



Nutrition Facts

Serving Size: 1 oz. (28g)
Servings Per Container: About 4
Calories 100
Calories From Fat 60

Amount Per Serving	%DV*
Total Fat 7g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 480mg	20%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 8g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: CELERY POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK), SPICES, WINE, GARLIC POWDER. **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Pork
Beef
Poultry
Dry Cured
Cheese

Customer Service: 1-800-587-5858

**Antibiotic Free
Hot Soppressata**
(#12859)



Our classic Soppressata with a blend of chili peppers for extra heat.



Nutrition Facts

Serving Size: 1 oz. (28g)
Servings Per Container:
About 4
Calories 100
Calories From Fat 60

Amount Per Serving	%DV*
Total Fat 7g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 480mg	20%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 8g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, PAPRIKA, CELERY POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK), WINE, GARLIC POWDER. **GLUTEN & CASEIN FREE.**

**American
Cheese****
(#777000)



America's favorite mild sandwich cheese.



Nutrition Facts

Serving Size: 1 slice (21g)
Servings: About 11
Calories 80
Calories From Fat 60

Amount Per Serving	%DV*
Total Fat 7g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 270mg	11%

Amount Per Serving	%DV*
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 5% • Vitamin C 0% • Calcium 12% • Iron 0%

INGREDIENTS: AMERICAN CHEESE (CULTURED MILK, SALT, ENZYMES), CREAM, SODIUM CITRATE, SALT. MADE WITH VEGETABLE RENNET. **GLUTEN FREE.**

**Emmentaler
Swiss Cheese****
(#772000)



Authentic Swiss cheese, mild with nutty overtones.



Nutrition Facts

Serving Size: 1 slice (19g)
Servings: About 12
Calories 80
Calories From Fat 50

Amount Per Serving	%DV*
Total Fat 6g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 35mg	1%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 4% • Vitamin C 0% • Calcium 20% • Iron 0%

INGREDIENTS: PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES. **GLUTEN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

** From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.

Cheddar Cheese**
(#771000)



A slightly aged, mild cheddar.

Nutrition Facts

Serving Size: 1 slice (19g)
Servings: About 12
Calories 70
Calories From Fat 50

Amount Per Serving	%DV*
Total Fat 6g	9%
Saturated Fat 4g	18%
Trans Fat 0g	
Cholesterol 20mg	6%
Sodium 120mg	5%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 4% • Vitamin C 0% • Calcium 10% • Iron 0%

INGREDIENTS: CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (FOR COLOR). MADE WITH VEGETABLE RENNET. AGED 90 DAYS OR MORE. **GLUTEN FREE. CONTAINS: MILK.**

Havarti Cheese**
(#774000)



A Danish classic, creamy and mild.

Nutrition Facts

Serving Size: 1 slice (43g)
Servings: About 5
Calories 180
Calories From Fat 135

Amount Per Serving	%DV*
Total Fat 15g	23%
Saturated Fat 11g	55%
Trans Fat 0g	
Cholesterol 37mg	12%
Sodium 225mg	9%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 7g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 12% • Vitamin C 0% • Calcium 30% • Iron 0%

INGREDIENTS: PASTEURIZED MILK, CHEESE CULTURE, SALT. AGED 30 DAYS OR MORE. **GLUTEN FREE. CONTAINS: MILK.**

Monterey Jack Cheese**
(#775000)



Mild, great for melting, with added jalapeños.

Nutrition Facts

Serving Size: 1 slice (19g)
Servings: About 12
Calories 70
Calories From Fat 45

Amount Per Serving	%DV*
Total Fat 5g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 110mg	5%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 4% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: PASTEURIZED MILK, JALAPEÑO PEPPERS, CHEESE CULTURE, SALT, ENZYMES. **GLUTEN FREE. CONTAINS: MILK.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

** Made with vegetable rennet. From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.

**Muenster Käse
Cheese****
(#773000)



Mild, smooth texture and flavor.

Nutrition Facts

Serving Size: 1 slice (21g)
Servings: About 10
Calories 70
Calories From Fat 60

Amount Per Serving	%DV*
Total Fat 6g	10%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 140mg	6%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 4% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: CULTURED PASTEURIZED MILK, SALT, ENZYMES. MADE WITH VEGETABLE RENNET.
GLUTEN FREE. CONTAINS: MILK.

**New York Extra
Sharp Aged
Cheddar**
(#776000)



Gently aged, sharp complex flavors.

Nutrition Facts

Serving Size: 1 slice (28g)
Servings: 8
Calories 110
Calories From Fat 80

Amount Per Serving	%DV*
Total Fat 9g	14%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 30mg	9%
Sodium 180mg	8%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 7g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 6% • Vitamin C 0% • Calcium 20% • Iron 0%

INGREDIENTS: PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES. MADE WITH VEGETABLE RENNET. AGED OVER 12 MONTHS. **GLUTEN FREE. CONTAINS: MILK.**

**Provolone
Cheese****
(#770000)



Firm and flavorful.

Nutrition Facts

Serving Size: 1 slice (19g)
Servings: About 12
Calories 70
Calories From Fat 45

Amount Per Serving	%DV*
Total Fat 5g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 160mg	7%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 2% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: PASTEURIZED MILK, CULTURE, SALT, ENZYMES. MADE WITH VEGETABLE RENNET.
GLUTEN FREE. CONTAINS: MILK.

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

** Made with vegetable rennet. From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.

NEW!
Yogurt Cheese**
 (#778000)



A mild, slightly tangy, creamy cheese.
 Contains active probiotic cultures:
 Thermophilus, Bulgaricus, Bifidus,
 Casei, Acidophilus.

Nutrition Facts

Serving Size: 1 slice (21g)
 Servings: About 11
Calories 80
 Calories From Fat 50

Amount Per Serving	%DV*
Total Fat 6g	9%
Saturated Fat 4g	19%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 105mg	4%

Amount Per Serving	%DV*
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 8% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: PASTEURIZED PART SKIM MILK, SALT, YOGURT (PASTEURIZED PART SKIM MILK: YOGURT CULTURES, THERMOPHILUS, BULGARICUS, BIFIDUS, CASEI, ACIDOPHILUS), ENZYMES.
GLUTEN FREE. CONTAINS: MILK. LACTOSE FREE.

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

** Made with vegetable rennet. From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.



Applegate Organic Selection

No Antibiotics Used • Humanely Raised • No Hormones Used • Gluten & Casein Free • Vegetarian Grain Fed

Organic Roasted Chicken Breast (#667)



Whole boneless organic chicken breast infused with organic honey and slowly roasted giving a tender and juicy chicken.

Nutrition Facts

Serving Size: 2 oz. (56g)
 Servings: About 3
Calories 60
 Calories From Fat 10

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Total Fat 1.5g	2%	Total Carbohydrate 1g	0%
Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 1g	
Cholesterol 30mg	10%	Protein 10g	
Sodium 360mg	15%		

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

INGREDIENTS: ORGANIC CHICKEN BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), ORGANIC HONEY, SALT, ORGANIC POTATO STARCH, CARRAGEENAN (FROM SEAWEED). **GLUTEN & CASEIN FREE.**

Organic Smoked Chicken Breast (#00668)



Our organic roasted chicken is slowly smoked while roasting. The smoke and honey complement each other in every bite.

Nutrition Facts

Serving Size: 2 oz. (56g)
 Servings: About 3
Calories 60
 Calories From Fat 10

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Total Fat 1.5g	2%	Total Carbohydrate 1g	0%
Saturated Fat 0.5g	2%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 1g	
Cholesterol 30mg	10%	Protein 10g	
Sodium 360mg	15%		

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

INGREDIENTS: ORGANIC CHICKEN BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), ORGANIC HONEY, SALT, ORGANIC POTATO STARCH, CARRAGEENAN (FROM SEAWEED). **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Organic Herb Turkey Breast
(#00681)



Our tender juicy organic turkey breast is lightly salted, coated with an earthy herb mix of parsley, rosemary and sage, then slowly roasted.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: 3
Calories 50
Calories from fat 0

Amount Per Serving	%DV*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 360mg	15%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 10g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: ORGANIC TURKEY BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SALT, CARRAGEENAN (FROM SEAWEED), ORGANIC SPICES, ORGANIC PARSLEY. **GLUTEN & CASEIN FREE.**

Organic Roasted Turkey Breast
(#686)



Our tender juicy organic turkey breast is lightly salted to bring out all the flavor—it's a classic.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: 3
Calories 50
Calories from fat 0

Amount Per Serving	%DV*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 360mg	15%

Amount Per Serving	%DV*
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 10g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: ORGANIC TURKEY BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SALT, CARRAGEENAN (FROM SEAWEED). **GLUTEN & CASEIN FREE.**

Organic Smoked Turkey Breast
(#679)



Wrapped in netting then gently smoked, this delicious organic turkey is tender and juicy with a smoky flavor.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: 3
Calories 50
Calories from fat 0

Amount Per Serving	%DV*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 360mg	15%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 10g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: ORGANIC TURKEY BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SALT, CARRAGEENAN (FROM SEAWEED). **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Organic Roast Beef
(#674)



Beautifully marbled hand trimmed bottom round of 100% organic grass-fed beef is simply rubbed with salt and black pepper before oven roasting.



Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: 3 Calories 80 Calories from fat 30	Total Fat 3g Saturated Fat 1g Trans Fat 0g	5% 5%	Total Carbohydrate 0g Dietary Fiber 0g Sugars 0g
	Cholesterol 35mg Sodium 320mg	12% 13%	Protein 12g	
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%				

INGREDIENTS: ORGANIC BEEF*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM LACTATE (FROM BEETS), SALT. COATED WITH SALT AND ORGANIC PEPPER. **GLUTEN & CASEIN FREE.**

Organic Uncured Ham
(#670)



Our organic ham is slowly roasted and lightly smoked with a hint of sweetness.



Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 2 oz. (56g) Servings: 3 Calories 50 Calories from fat 15	Total Fat 1.5g Saturated Fat 0.5g Trans Fat 0g	2% 3%	Total Carbohydrate 0g Dietary Fiber 0g Sugars 0g
	Cholesterol 35mg Sodium 530mg	12% 22%	Protein 10g	
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%				

INGREDIENTS: ORGANIC PORK*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, SODIUM LACTATE (FROM BEETS), ORGANIC HONEY, ORGANIC EVAPORATED CANE SYRUP, ORGANIC CELERY JUICE, CELERY POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

Organic Genoa Salami
(#12656)



Our organic pork is slowly fermented and aged in cool salami rooms to give a complex, mild classic Italian flavor.



Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
	Serving Size: 1 oz. (28g) Servings: About 4 Calories 100 Calories from fat 60	Total Fat 7g Saturated Fat 3g Trans Fat 0g	11% 15%	Total Carbohydrate 0g Dietary Fiber 0g Sugars 0g
	Cholesterol 20mg Sodium 480mg	7% 20%	Protein 8g	
*Percent Daily Values (DV) are based on a 2000 calorie diet Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%				

INGREDIENTS: ORGANIC PORK*, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: ORGANIC DEXTROSE, CELERY POWDER, ORGANIC SPICES, ORGANIC GARLIC POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK).

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Organic Muenster Käse Cheese**
(#12690)



Mild and smooth texture and flavor.
100% organic.



Nutrition Facts

Serving Size: 1 slice (21g)
Servings: 7
Calories 85
Calories From Fat 65

Amount Per Serving	%DV*
Total Fat 6g	11%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 130mg	6%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 4% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: PASTEURIZED ORGANIC MILK, CULTURES, ENZYMES (NON-ANIMAL), SALT. MADE WITH VEGETABLE RENNET. **GLUTEN FREE. CONTAINS: MILK.**

Organic Mild Cheddar Cheese**
(#12692)



Firm, mild and full flavor.
100% organic.



Nutrition Facts

Serving Size: 1 slice (21g)
Servings: About 7
Calories 80
Calories From Fat 60

Amount Per Serving	%DV*
Total Fat 6g	10%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 130mg	5%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 4% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: PASTEURIZED ORGANIC MILK, CULTURES, ENZYMES (NON-ANIMAL), SALT, ANNATTO. MADE WITH VEGETABLE RENNET. **GLUTEN FREE. CONTAINS: MILK.**

Organic Monterey Jack Cheese**
(#12691)



Mild, great for melting. 100% organic.



Nutrition Facts

Serving Size: 1 slice (21g)
Servings: 7
Calories 80
Calories From Fat 60

Amount Per Serving	%DV*
Total Fat 6g	10%
Saturated Fat 4g	22%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 130mg	5%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 4% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: PASTEURIZED ORGANIC MILK, CULTURES, ENZYMES (NON-ANIMAL), SALT. MADE WITH VEGETABLE RENNET. **GLUTEN FREE. CONTAINS: MILK.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

** From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.

Organic Provolone Cheese**
(#12693)



Our Organic Provolone is mild and smooth —great on pizza and pasta dishes.

Nutrition Facts

Serving Size: 1 slice (21g)
Servings: About 7
Calories 70
Calories From Fat 45

Amount Per Serving	%DV*
Total Fat 5g	8%
Saturated Fat 2.5g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 160mg	7%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 4% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: PASTEURIZED ORGANIC MILK, CULTURE, SALT, ENZYMES (NON-ANIMAL). MADE WITH VEGETABLE RENNET. **GLUTEN FREE. CONTAINS: MILK.**

Organic American Cheese**
(#12694)



Tangy and delicious, our Organic American is perfect for grilled cheese or melted on a burger.

Nutrition Facts

Serving Size: 1 slice (21g)
Servings: About 7
Calories 80
Calories From Fat 60

Amount Per Serving	%DV*
Total Fat 7g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 270mg	11%

Amount Per Serving	%DV*
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 5% • Vitamin C 0% • Calcium 10% • Iron 0%

INGREDIENTS: ORGANIC CHEDDAR CHEESE (ORGANIC MILK, CHEESE CULTURE, SALT, ENZYMES), ORGANIC BUTTER, WATER, SODIUM CITRATE, SALT. MADE WITH VEGETABLE RENNET. **GLUTEN FREE. CONTAINS: MILK.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

** From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.